

THE RACE IS COMING...

VO

Muc-Off

eight
hour

enduro mountainbike race

FREE
GOODY BAG

Containing nutrition,
sports drinks
& more!

FREE MUC-OFF
BIKE WASH AREA

It's a dirty job but
somebody's gotta
do it!

Location: Pippingford Park

Pippingford Manor, Pippingford Park, Nutley, East Sussex, TN22 3HW

Date: 11/04/2010 **Schedule:** Riding 9am-5pm!

Distances:

Approx 7-8 mile lap ridden continuously for 8 hours

Categories: Solo • Pairs • Teams of 3 • Teams of 4

The Muc-Off 8 is an 8 hour '9-5' enduro mountain bike race. It can be entered by anyone in teams of 2, 3 or 4. Categories exist for all male, female and mixed teams. Teams can choose how to divide their riding time within the 8 hours as long as each member completes at least 1 full lap. Individuals are also welcome to ride the whole 8 hours with their own category.

In association with:

Visit our web site for more details:

CLIF
BAR

www.mucoff8.com

VITAL FLUIDS